



Phone Tegan on 0491 765 635
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Home de-cluttering and organising for Launceston, Tasmania

- Serving private clients, NDIS Participants and Home/Aged Care Package clients.
- Servicing most suburbs of the Launceston, West Tamar and Meander Valley Council areas.
- Providing assistance to a range of people – those who are in ill health, are elderly, with physical disability, and living in various household/family structures (e.g. busy families, couples, singles).
- Supporting Self-managed and Plan-managed participants, as a non-registered NDIS Service Provider, through capacity-building home and life skills coaching.

How I assist

- **Home de-cluttering and organisation:** I support the client to reach their goals by guiding them to reclaim their home and daily life. I assist the client to sort and curate their possessions and set up suitable storage solutions to create a functional home. I help to de-clutter and organise many areas of the home including the kitchen and pantry, bathroom, bedroom and wardrobe, laundry, linen closet, living spaces, home office/study, spare room, craft room, play room, and garage. Organisational aids such as labels, hooks, and bags are included free of charge during sessions.
- **Home and life skills development:** As a coach, I transfer de-cluttering and organising skills to the client to improve their capacity and independence at home. I provide clients with a caring and impartial ear, reframe situations, teach new skills, and allow them to make decisions for themselves.
- **Health and safety improvement:** As the client's wellbeing is always top of mind, I identify and help to minimise or eliminate any slip/trip hazards and fire risks. If other health and safety concerns such as mould, rodents or pests are identified, I bring these to the client's attention.
- **Physical assistance:** De-cluttering and organising can be physically demanding. I work alongside clients, but if they have limited mobility or are fatigued, I do the lifting, reaching, moving and cleaning.
- **Cleaning:** Some cleaning is usually needed when de-cluttering. Although I do not offer cleaning services, I carry out basic cleaning as needed to ensure a thorough finish – for example: wiping pantry shelving clean after removing food items or vacuuming the floor after de-cluttering a child's play area.
- **Donation removal:** Due to physical limitations or time constraints, many people find it challenging to remove their unwanted belongings from their home. To assist, I deliver their donations (where practical) to local charities.

Meet: Tegan McFarland

- Business Owner, Becoming Organised
- Provisional Member of the Institute of Professional Organisers (IOPPO)
- Working with Vulnerable People registered (Child-related activity)
- First Aid qualified
- Accredited Mental Health First Aider
- Insured – Public Liability and Professional Indemnity

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